Use APIs to query emails sent to patrons

(condensed from a Slack discussion on the FOLIO implementers channel on August 24 2020)

- use the mod-email APIs:
  - https://dev.folio.org/reference/api/#mod-email
- use GET /email to your Okapi instance to return emails that have been sent to your patrons
- /email can accept CQL queries
- use Limit to return more than the first ten elements that are found in your response.
- the account you are querying the API with must have permission email.message.collection.get which is not visible in the UI.

Example:

Query to GET /email on an Okapi instance returned JSON messages that looked like this (some content snipped):

```json
{
  "notificationId": "9bb7424a-55ec-4f48-b2c6-cb3557ef44d0",
  "to": "erin.nettifee@duke.edu",
  "header": "Activate your Folio account",
  "outputFormat": "text/plain",
  "body": SNIP
  "attachments": [],
  "status": "FAILURE",
  "message": "The 'mod-config' module doesn't have a minimum config for SMTP server, the min config is: [EMAIL_SMTP_PORT, EMAIL_PASSWORD, EMAIL_SMTP_HOST, EMAIL_USERNAME],
  "date": "2020-02-07T14:34:40.350+0000",
  "metadata": {
    "createdDate": "2020-02-07T14:34:40.278+0000",
    "createdByUserId": "77100dc9-c53c-5df6-a798-068b9b5813e1",
    "updatedByUserId": "77100dc9-c53c-5df6-a798-068b9b5813e1"
  },
  "deliveryChannel": "email",
  "id": "940f53a3-4bfe-43ee-9cb7-6342e67511c5"
}
```

Note that it returned a Failure message. If messages are successful, they are purged from the mod-email repository at a defined interval (TBD: what interval, and is it configurable?)